



2026 PROGRAM SUMMARY

Congresswoman Virginia Foxx is pleased to announce her 17th annual Teacher in Congress Internship. The internship will be conducted in the Congresswoman's Washington, D.C. congressional office during the period July 13-17, 2026, and consists of learning activities, including an introduction to the legislative process; tours of the U.S. Capitol, Library of Congress and area museums; briefings with House committee staff; and attending hearings, mark-ups and floor debates.

Preference will be given to applicants who:

- ✓ Live in the 5th District
- ✓ Teach at a public or private school in the 5th District
- ✓ Teach grades 9-12 during the 2025-2026 school year

Applicants must be available to arrive in Washington the afternoon of Sunday, July 12, 2026 in order to arrive first thing Monday morning for orientation, and must commit to staying for the duration of the entire internship.

APPLICATION:

Completed applications may be submitted via email to TeacherInCongress@mail.house.gov or by U.S. mail to:

Congresswoman Virginia Foxx
Attn: Teacher in Congress
208 W. Main St.
Mayodan, NC 27012

To be eligible for consideration, applications must be received in the Congresswoman's office no later than close of business Friday, June 5, 2026.

Applicants should submit a completed 2026 Teacher in Congress Internship application form, accompanied by a cover letter, resume and sample lesson plan. Applications are also available online at www.foxx.house.gov/teachers. Each application will be reviewed and one teacher will be selected to participate in the 17th annual Teacher in Congress Internship. Applicants will be notified by email of the selection results after June 19, 2026. Additional information, such as schedule of events and payroll documents, will be provided to the participating teacher(s) prior to July 13, 2026. Assistance will be offered to arrange renewal credit where applicable. However, the selected intern(s) is/are responsible for making all transportation and lodging arrangements.

SALARY: \$3,000.00 before taxes

* Please note that communication with applicants and the selected teacher(s) will be conducted via email. If you are not able to receive emails or have limited access to your email account, please specify as such on your application and other arrangements will be made.

CONTACT INFORMATION

Washington D.C. Office
2462 Rayburn House Office Building
Washington, D.C. 20515
202.225.2071 phone

Mayodan District Office
208 W. Main St.
Mayodan, N.C. 27012
336.778.0211 phone

www.foxx.house.gov